



Notice of meeting of the

Childhood Obesity Task Group

To: Councillors Wiseman (Chair), Sue Galloway and Simpson-Laing

Date: Monday, 19 April 2010

Time: 5.30 pm

Venue: The Guildhall, York

AGENDA

- 1. Minutes** (Pages 3 - 8)
To approve and sign the minutes of the meeting of the Task Group held on 1 March 2010.

- 2. Public Participation**
It is at this point in the meeting that members of the public who have registered their wish to speak can do so. The deadline for registering is by **5.00pm on Friday 16 April 2010**. Members of the public can speak on agenda items or matters within the remit of the Task Group.

To register please contact the Democracy Officer for the meeting, on the details at the foot of this agenda.

- 3. Childhood Obesity Review** (Pages 9 - 42)
This report asks Members to receive and consider further information to inform their review into childhood obesity. It also asks them to formulate some recommendations for inclusion in the draft final report.
- 4. Any other business which the Chair considers urgent under the Local Government Act 1972**

Democracy Officer:

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For more information about any of the following please contact the Democracy Officer responsible for servicing this meeting

- Registering to speak
- Written Representations
- Business of the meeting
- Any special arrangements
- Copies of reports

Contact details are set out above

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Scrutiny Committees

The purpose of all scrutiny and ad-hoc scrutiny committees appointed by the Council is to:

- Monitor the performance and effectiveness of services;
- Review existing policies and assist in the development of new ones, as necessary; and
- Monitor best value continuous service improvement plans

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City of York Council

Committee Minutes

MEETING	CHILDHOOD OBESITY TASK GROUP
DATE	1 MARCH 2010
PRESENT	COUNCILLORS SUE GALLOWAY, SIMPSON-LAING AND WISEMAN

1. CHAIR

RESOLVED: That Councillor Wiseman be appointed as Chair of the Childhood Obesity Task Group.

2. PUBLIC PARTICIPATION

It was reported that there had been no registrations to speak at the meeting under the Council's Public Participation Scheme.

3. CHILDHOOD OBESITY REVIEW

Members considered a report, which set out further information to inform their review into childhood obesity.

The Scrutiny Officer confirmed that an interim report setting out the information received to date would be presented to the Health Overview and Scrutiny Committee at their meeting on 29 March.

The Chair introduced the attendees and the Task Group received presentations in relation to the following:

- i) School Travel Plans and the role of the School Travel Plan Adviser – Christine Packer, School Travel Plan Coordinator

Officers confirmed that there was a Government target for Local Authorities to deliver travel plans for 100% of schools in the city by the end of March 2010, however there was no obligation on the school to produce the Plans. She went onto explain the objectives of Travel Plans and the resources provided to produce them. She detailed the role of the School Travel Adviser including the promotion of sustainable travel to school and linking with other City of York Council teams.

The following information was given in relation to School Travel Plans and childhood obesity:

- Healthy schools agenda - 6.7% of reception children were classed as obese but by Year 6 this had risen to 16.7%.
- Details of the key initiatives in improving children's health and fitness on their trip to school, including successes.
- Usual mode of travel to school monitored by school census data;

- 2010/11 proposals to identify schools with the potential for modal shift;
- Evidence had shown that children who cycled/walked to school were healthier and fitter than those that travelled by bus/car. Cardiovascular function of those that walked was also greater.

Arising out of this presentation Members questioned a number of points and commented as follows:

- Need of promotions of car sharing and use of Park and Ride site for children attending Bootham School;
 - Issue of children living on the outside of the ring road and having to cross the bypass with no safe walking/cycle route to school;
 - Working parents dropping children at school en-route to work;
 - Difficulties in re-educating parents in relation to the benefits of walking/cycling;
 - Introducing a competitive element in an endeavour to change behaviour;
 - School engagement and enthusiastic staff required for promotion;
 - Parking enforcement required at all schools;
 - Need to make walking/cycling part of the school day;
 - Possible regular events to make walking to school more interesting;
 - Often insufficient parental support to sustain 'Walking Buses';
 - Travel Plans did not currently cover child minders;
 - Details of cycle/scooter storage at all schools;
 - Church schools often had a higher percentage of children being driven to school as their catchment areas were much larger.
- ii) How Day Nurseries in York Contribute to Healthy Food and Exercise – Rosemary Flanagan, Early Years Childcare Manager/Ken McArthur, Private Nursery Provider

A briefing note was circulated which set out how day nurseries in York contributed to healthy food and exercise, which included:

- Currently 43 day nurseries across the city, most being operated by private providers;
- Ofsted do not inspect against Healthy Eating in nurseries;
- Telephone questionnaire undertaken to understand ways in which the different day-care settings offered meals and outdoor opportunities for children;
- Of 42 nurseries that replied, 37 provided hot meals, the remainder asked families to provide packed lunches;
- Of these 37 nurseries most had cooks/chefs who held cooking qualifications, including child nutrition;
- Over 95% of nurseries had Healthy Eating policies;
- 60% of nurseries confirmed that their food was locally sourced where possible;
- Importance of meal times being 'social events' where children were served meals at tables with staff interaction;
- All nurseries provided healthy snacks;
- Children in all nurseries were currently or would shortly be planting and growing food;

- All children had the opportunity to play outside on a daily basis and quiet spaces or rooms were provided.

Officers reported that between 10 and 20 years ago obesity had been a high priority and that it had formed part of nursery inspections, this was no longer the case.

There was also confirmation that all nursery providers in York had mentioned healthy food, fresh fruit, sleep and the opportunities for outside play and although there had been insufficient time to survey childminders it was felt that their answers would have been similar. Parents were also very aware of the need for good nutrition particularly as some children were in nursery from 8.00am to 6.00pm with all their food being provided on site.

Members expressed their appreciation for the excellent picture in relation to nurseries and their promotion of healthy eating in the city.

The private nursery provider confirmed that until 2003 all nurseries were required to have a proper kitchen and to provide home cooked meals on site but unfortunately this was no longer the case. As Chair of the local National Day Nursery Association Network he confirmed that an integral part of a good nursery was its kitchen. Many kitchens in the city were 100% organic; with many not having deep fat fryers and 'Five a day' had been nursery policy for a number of years. He felt that the culture of 'pack ups' had not helped together with parental concerns over menus at a number of primary schools.

Members made the following points in relation to this presentation:

- It was often cost rather than choice in children bringing pack-ups;
- Interesting that problems appeared to start at primary school rather than at nursery;
- Questioned how the authority could promote continuation of healthy eating into primary schools;
- Supervision of pack-up and the time set aside to eat them was required;
- Children's eating habits were hard to change by the age of 6/7 years;
- 'Altogether Better' project in Scarborough to help individuals and communities eat more healthily, be more physical and improve their mental health should be investigated further;
- Cookery courses which included grandparents in preparing cheap, healthy and nutritious meals;
- Link between child behaviour, diet and sleep;
- Shock tactics often best deterrent.

iii) Positive Activity and Alternative Learning – Paul Herring, Head of Young Peoples Services

Members were informed that part of the role of Head of Young Peoples Services was to try and ensure the well being of all young people but that unfortunately their efforts were constantly being undermined.

Officers then provided a presentation in relation to their work in Young Peoples Services and how the changing way of life contributed to an unhealthy lifestyle for young people today. He referred to the various challenges, which included the increase in computer games and the changing picture in relation to lifestyles and the use of spare time.

Members made a number of comments on the presentation including:

- Although people appeared to have more time, the tendency for both parents to work, longer hours of work and commuting added time to the day;
- Lack of community facilities for young people, although this was disputed by Officers;
- Challenge to change young peoples views;
- Members felt that achievements required rewards;
- It appeared that a gap had now emerged that those who were perceived as less able often resorted to comfort in food, many with resultant weight problems;
- Obesity problems were not as prevalent during war time and rationing;
- BOGOF (Buy One Get One Free) food offers and waste;
- URBIE (Urban Rural Bus Information Education) bus sessions and methods of tackling the healthy eating message;
- Possible Primary/Secondary School links to York College catering courses and use of school kitchens;
- Other authorities investigations into obesity and use of best practise;
- Take up of school meals within other Local Authorities and like for like comparisons.

The Group considered the need for the arrangement of a public event to further inform the topic but they felt that they had sufficient information to progress this without the need for a public event, at the present time.

Members then asked for additional information in relation to the following:

- What other Local Authorities were doing in relation to childhood obesity and comparison of information on like for like Authorities to possibly include Scarborough;
- York residents' waste figures;
- Email of anonymised information on school meal take up to include details of weekly menus in Primary and Secondary Schools (in differing social areas in the city), with popular choices including a school not using North Yorkshire County Council catering;
- Details of a child's compulsory physical activity programme (PE timetable) in both Primary and Secondary schools;
- Requesting the attendance of a representative of the Food Standards Agency in relation to supermarket labeling, to attend the next Task Group meeting.

RESOLVED: i) That the presentations and briefing be noted;

- ii) That the next Task Group meeting take place on 19 April 2010 at 5.30pm;
- iii) That, at this stage, no public event be held in connection with this review.

REASON: In order to progress this review.

CLLR S WISEMAN, Chair

[The meeting started at 2.00 pm and finished at 4.15 pm].

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Childhood Obesity Task Group	19th April 2010
Report of the Interim Head of Civic, Legal & Democratic Services	

Childhood Obesity Review

Summary

1. This report asks Members to receive and consider further information to inform their review into childhood obesity. It also asks them to formulate some recommendations for inclusion in the draft final report.
2. The Task Group will need to meet once more to consider the draft final report, prior to its presentation to the Health Overview & Scrutiny Committee at their May meeting.

Background

3. Councillor Susan Galloway originally registered this topic in July 2009. A feasibility study was prepared and after due consideration the following remit was set:

Aim

4. To address whether current service provision is effectively reducing childhood obesity in the city.

Key Objectives

- i. To look at statistical evidence collected by the School Health Team in relation to NPI55 and NPI56 to discover the extent of childhood obesity in the City
- ii. To explore the impact of current initiatives such as healthy eating, 5 a day and 30 minutes of exercise 5 times a week etc on tackling obesity
- iii. To explore external factors that may contribute to childhood obesity
- iv. To learn more about the All Together Better Programme and the Healthy Weight, Active Lives Strategic Implementation Group and the methods they are using to reduce childhood obesity
- v. To look at the continuity of services into adulthood

- vi. To explore how monies are spent on tackling obesity.
5. Subsequently, a scope for the review was considered and approved at a meeting of the Health Overview & Scrutiny Committee on 2nd December 2009. It was also decided that a small Task Group comprising Councillors Susan Galloway, Councillor Simpson-Laing and Councillor Wiseman would undertake the work on this review.

Work Undertaken to Date

6. Members of the Health Overview & Scrutiny Committee received a presentation on the first key objective of the agreed remit on 2nd December 2009. The Task Group subsequently met on 27th January 2010 and 1st March 2010 to consider further information in relation to this review. An interim report detailing all work undertaken to date was presented to the Health Overview & Scrutiny Committee on 29th March 2010.

Information to be received at the meeting today

7. Members are today presented with the following information for their consideration:

Key Objective (ii)

To explore the impact of current initiatives such as healthy eating, 5 a day and 30 minutes of exercise 5 times a week etc on tackling obesity

8. A briefing note on the Healthy Schools Initiative (Annex A refers) - the Healthy Schools and Risky Behaviour Consultant will be present to present this paper and answer questions.
9. At their last meeting the Task Group requested further information on physical activity within schools and the following information has been provided by the PE and School Sports Consultant:

‘There is a government target that all schools provide pupils with at least 2 hours of high quality PE each week. This is physical education not physical activity. There is no stated time amount of physical activity required by schools. Currently there is an initiative through the school sports partnership network and Youth Sport Trust for children and young people to do 5 hours of organised PE, and organised sport each week as detailed below:

- PE curriculum time = Hours 1+2
- Sport on school site run by schools = Hour 3
- Sport on school site but run by community and broader community provision = Hours 4+ 5’

10. The PE and School Sports Consultant provided Members with examples of both the secondary school sports curriculum and extra-curricular activity via e-mail. Also provided were the model for the 5 hour offer detailed in paragraph 9 of this report and guidance about which areas of PE activity must be covered in each key stage.
11. The Task Group had also asked for further information in relation to school meals and this information is at Annex B and Appendices 1- 4 of this report.

Key Objective (iii)

To explore external factors that may contribute to childhood obesity

12. The Health Improvement Manager (obesity) at NHS North Yorkshire & York will be in attendance at the meeting and will give a short presentation in relation to this key objective. He has given the following short summary about his presentation:

‘The presentation will use the scientific evidence base from across a wide range of disciplines in order to identify the most important factors that influence obesity.

People in the UK today do not have less willpower and are not more gluttonous than previous generations. Nor is their biology significantly different to that of their forefathers. Society, however, has radically altered over the past five decades, with major changes in work patterns, transport, food production and food sales. These changes have exposed an underlying biological tendency, possessed by many people, to both put on weight and retain it.’

13. Members had also asked for information on supermarket labelling. A representative of the Food Standards Agency (FSA) had been invited to attend this meeting but had declined the offer; they were doubtful as to what meaningful input they could have. They did however inform the Scrutiny Officer that;

‘Front of Pack nutrition labelling is a voluntary initiative that is used on composite processed products to highlight the amount of fat, saturated fat, sugar and salt in them and is applied to ‘family foods’¹.

14. In lieu of the attendance of the FSA, officers from the Council’s Food and Safety Unit will give a very short presentation about the legal

¹ The FSA have provided the following clarification of ‘family foods’ – by ‘family foods’ it is meant foods that are not targeted at particular groups of people. That is not to say that front of pack labelling on all other products would be prohibited. They would, however, ask companies to consider the needs of their customer base before deciding whether or not Front of Pack labelling is appropriate for their product. Information on Front of Pack labelling is based on the requirements of the general population and so it would be inappropriate to provide it to those with particular needs (e.g. infants or people on weight-loss diets).

requirements of the nutritional labelling of food, consumer focused initiatives such as the Food Standards Agency's traffic light labelling scheme and finally an overview of the work the team do to tackle childhood obesity.

15. It is also hoped that a former parent/governor and external member of the Education Scrutiny Committee will also be able to attend to take part in the discussions around this wide-reaching key objective.

Key Objective (iv)

To learn more about the All Together Better Programme and the Healthy Weight, Active Lives Strategic Implementation Group and the methods they are using to reduce childhood obesity

16. It is hoped that the Community Project Officer for the Altogether Better Programme will be in attendance to provide the Task Group with further information in regard to the Altogether Better Programme, she will also present information on 'cooking healthily courses' which form part of this programme.
17. The Health Improvement Manager (obesity) at NHS North Yorkshire & York will also provide information on the Healthy Weight Active Lives Strategic Implementation Group.

Key Objective (v)

To look at the continuity of services into adulthood

18. The Nutrition & Dietetic Services Manager at York Hospital has indicated that there are no specific transitional services from childhood into adulthood. She will be in attendance at the meeting to discuss this issue with the Task Group and it is hoped that she will be able to provide a briefing note prior to the meeting.

Key Objective (vi)

To explore how monies are spent on tackling obesity.

19. The Health Improvement Manager (obesity) at NHS North Yorkshire & York will present information on this key objective.

Consultation

20. During the course of gathering evidence for this review Members of the Task Group have consulted various Officers in the Council, representatives of NHS North Yorkshire & York and York Hospitals Foundation Trust.
21. Relevant Council Officers and Health Trust staff will be in attendance at today's meeting to present information and answer Members' questions. It is also hoped that a former parent governor and

representative of the Education Scrutiny Committee will be present to join in the debate, especially in terms of key objective (iii) of the remit.

Options

22. There are no direct options associated with the recommendations within this report but Members of the Task Group are asked to:
 - Receive and consider the information as set out in paragraphs 1 to 19 above, the presentations received at today's meeting and in the annexes and appendices to this report.
 - Consider whether they would like any specific documents annexed to the draft final report (a list of documents received to date is at Annex C for reference)
 - Formulate some recommendations for inclusion within the draft final report
 - Set a further meeting date for the Task Group to consider the draft final report prior to this being presented to the Health Overview & Scrutiny Committee at their May meeting.

Analysis

23. Members are asked to discuss the information contained in this report and identify any key findings or issues as appropriate. They are also asked to formulate some recommendations for the draft final report.
24. The Task Group have received a vast amount of information in relation to this review some of which is not very pertinent to the aim and key objectives of the remit. Members are therefore asked to give careful consideration as to which evidence they would like to see as part of their draft final report.
25. Members are also requested to be extremely mindful of the overall aim of the review, which is; 'to address whether current service provision is effectively reducing childhood obesity in the city' and try to focus any recommendations that they may wish to make around ways of improving services. They are also asked to bear in mind that any recommendations they do make need to be fully evidenced within the body of the draft final report.
26. The draft final report will be prepared by the Scrutiny Officer on the guidance given by the Task Group at today's meeting. Once this has been prepared Members are requested to consider it and make any amendments they feel are necessary. It is therefore, suggested that another meeting of the Task Group be convened in early May prior to the draft final report being presented to the Health Overview & Scrutiny Committee at their May meeting.

Corporate Priorities

27. This report and the review being undertaken are directly linked to the 'Healthy City' theme of the Corporate Strategy 2009/2012.

Implications

28. **Financial** – There is a small amount of funding available within the scrutiny budget to carry out reviews. There are no other financial implications associated with this report; however implications may arise as the review progresses and recommendations are formulated. Should any implications arise these will be addressed in the final report.
29. **Human Resources** – There are no Human Resources implications associated with the recommendations within this report.
30. **Legal** – There are no direct legal implications associated with the recommendations within this report; however implications may arise as the review progresses and recommendations are formulated. Should any implications arise these will be addressed in the final report.
31. There are no known equalities, property, crime & disorder or other implications associated with the recommendations in this report.

Risk Management

32. In compliance with the Council's risk management strategy there are no known risks associated with the recommendations in this report. Once the Task Group have formulated their recommendations then this may change; should this be the case the risk will be assessed and information included within the final report.

Recommendations

33. Members are asked to:
- i. Receive and discuss the information presented to them at today's meeting
 - ii. Consider which evidence they would like included in the draft final report
 - iii. Formulate some recommendations for inclusion in the draft final report
 - iv. Set a meeting date for the Task Group to consider the draft final report

Reason: In order to progress this review

Contact Details

Author:	Chief Officer Responsible for the report:		
Tracy Wallis Scrutiny Officer Scrutiny Services Tel: 01904 551714	Alison Lowton Interim head of Civic, Legal & Democratic Services Tel: 01904 551004		
	Report Approved	<input checked="" type="checkbox"/>	Date 07.04.2010
Specialist Implications Officer(s) None			
Wards Affected: <i>List wards or tick box to indicate all</i>			All <input checked="" type="checkbox"/>
For further information please contact the author of the report			

Background Papers:

Feasibility Report – Childhood Obesity (23.09.2010)
Childhood Obesity Review – Scoping Report (02.12.2009)

Annexes

Annex A	Healthy Schools Initiative
Annex B	Briefing Note on School Meals
Appendix 1	Comparison of York School Meals Take Up with Statistical Neighbours by Primary & Secondary Take Up.
Appendix 2	Example of a weekly secondary school menu
Appendix 3	Example Menu (not from North Yorkshire Caterers)
Appendix 4	Example Menu (not from North Yorkshire Caterers)
Annex C	List of documents received to date

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Information on the Healthy Schools Initiative

The Healthy Schools Programme (NHSP) is a joint initiative between DCSF and Department of Health (DH) - which promotes a whole school / whole child approach to health. The Programme has existed since 1999. It is recognised as a key delivery mechanism in the Children's Plan (DCSF 2007) and in Healthy Weight, healthy Lives (DH 2008) – 21st Century White Paper reference.

Healthy Schools is intended to deliver real benefits in respect of:

- Improvement in health and reduced health inequalities;
- Raised pupil achievement;
- More social inclusion; and,
- Closer working between health promotion providers and education establishments

We want all children and young people to be healthy and achieve at school and in life. We believe that by providing opportunities at school for enhancing emotional and physical aspects of health. In the longer term, this will lead to improved health, reduced health inequalities, increased social inclusion and raise achievement for all.

National Healthy School Status (NHSS) is achieved within a rigorous quality assurance framework. All schools achieving National Healthy School Status must have met national criteria using a whole school approach across four themes including personal, social, health and economic (PSHE) education, healthy eating, physical activity and emotional health and well-being (EHWB)

From September 2009 all schools that have achieved NHSS can become part of the Healthy Schools enhancement model. To do this, schools need to complete an annual review each year to confirm that they have established and maintained a foundation for health and well-being.

Schools will also need to complete the health and well-being improvement tool. This will guide them through the model and help to plan and record progress. It will also enable schools to submit key information for local quality assurance purposes.

Schools will need to review progress towards the meaningful outcomes that have been set and use the health and well-being improvement tool (HWIT) to self-validate. Schools will receive national recognition once these meaningful outcomes have been achieved and approved by the local quality assurance system.

The Four Themes

The National Healthy Schools Programme has four themes.

The four core themes relate to both the school curriculum and the emotional and physical learning environment in school. Each theme includes a number of criteria that schools need to fulfil in order to achieve National Healthy School Status. Although each theme covers a different area, they are all delivered using the whole school approach so the basic requirements are the same.

Personal, Social, Health and Economic (PSHE) education, including SRE and drugs education

Personal, Social and Health Education including Sex and Relationship Education (SRE) and Drug Education (including alcohol, tobacco and volatile substance abuse)

- PSHE contributes significantly to all five national outcomes for children and young people: being healthy, staying safe, enjoying and achieving, making a positive contribution and economic wellbeing
- PSHE provides children and young people with the knowledge, understanding, skills and attitudes to make informed decisions about their lives

Healthy Eating

- Healthy eating contributes significantly to the being healthy national outcome for children and young people
- Children and young people have the confidence, skills, knowledge and understanding to make healthy food choices
- Healthy and nutritious food and drink is available across the school day

Physical Activity

- Physical activity contributes significantly to the being healthy national outcome for children
- Children/young people are provided with a range of opportunities to be physically active
- They understand how physical activity can help them to be more healthy, and how physical activity can improve and be a part of their every day life

Emotional Health and Well-being, including bullying

- Emotional health and wellbeing contributes significantly to all five national outcomes for children and young people: being healthy, staying safe, enjoying and achieving, making a positive contribution and economic wellbeing
- The promotion of positive emotional health and wellbeing helps children and young people to understand and express their feelings, build their confidence and emotional resilience, and therefore their capacity to learn.

Enhancement Model

The Healthy Schools enhancement model has been designed to help schools develop the wider thinking and planning they will need to do in order to achieve better outcomes around health and well-being for children and young people. It has also been designed to help schools to strive for lasting health and well-being behaviour changes in children and young people, with particular focus on providing targeted support for those who are most at risk.

Schools will work closely with key partners towards achieving locally agreed health and well-being outcomes. This will reflect school-based local and national priorities as outlined in the Local Area Agreements, Children and Young People's Plans and PCT operational plans. The enhancement model will provide schools with rigorous health and well-being evidence for schools improvements plans, the Ofsted self-evaluation form (SEF) and the pupil level well-being indicators and school report card.

It will provide vital leadership in translating into practice the Government's vision of the 21st Century School and helping to make this the best country in the world to grow up.

Annual review

The annual review is a tool to help schools maintain the foundation of health and well-being which you they have already achieved through National Healthy School Status (NHSS).

Schools will need to complete and share their responses to all the sections in this tool on an annual basis, to maintain their current NHSS. The annual review has been developed from the criteria of NHSS across the four Healthy Schools themes. It will also help you check whether the Healthy Schools work they do in school is being embedded through the whole school approach. It contains no new requirements.

The information they have entered in the national audit to gain NHSS will help to complete the annual review.

Health and well-being improvement tool

The health and well-being improvement tool (HWIT) will help plan and record work as part of the Healthy Schools enhancement model. It provides a series of questions for each stage of the enhancement model which act as prompts.

Its main purpose is to enable schools to keep a record of the work they have undertaken as they work through the stages of the enhancement model. The information they will record will contribute towards the Ofsted self-evaluation form (SEF) and the school improvement plan.

Where there are links with the requirements of the SEF, the School Report Card, the well-being indicators and school improvement, this is highlighted throughout the HWIT. The content of the HWIT will also automatically generate the two separate reports required for the local quality assurance system

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RESPONSE TO THE CHILDHOOD OBESITY TASK GROUP FROM THE SCHOOL MEALS CONTRACT TEAM

MARCH 2010

The Task Group asked the following questions (in bold):

Q1. Have other Local Authorities (like for like Authorities) got a bigger take up of school meals than York? If so, what are they doing different to us?

A comparison of take up with statistical neighbours and closest regional neighbours is attached at Appendix 1. York's take up rank is the second lowest for primary and secondary. Reasons for differences are much as detailed for the January meeting for local differences. National differences include:

- Levels of free school meals eligibility - York has the lowest primary free school meal (FSM) eligibility at 9.6% compared to top ranked Bury at 14.5%. York's secondary FSM eligibility is 8.1% compared to top ranking Stockport's 13.9%. York's relatively high rates of seasonal and/or part-time employment are likely to reduced eligibility. Low income families receiving Working Families Tax Credits are currently barred from claiming, although the government announced in their 2009 Pre Budget Report that all 'low income' families would be eligible from September 2011.
- Whether a school is responsible for any profit or loss from school meals provision – most authorities offering school catering operate on the basis of Service Level Agreements (SLAs). North Yorkshire recently reported that this approach has returned school meal take up in the NYCC area to 1970s levels when it was much higher. Private contractors will generally terminate a contract that is not making them money unless they are trying to get a foothold in an area, and it is the school's responsibility to make new arrangements.
- Selling price in relation to the time and cost of providing own school lunch, irrespective of quality. This is particularly relevant for primary school children, where parents are likely to prepare their lunches, and for large families where there are economies of scale. Prices are also affected by whether or not an authority out-sourced its school meals before job evaluation increased kitchen staff salaries.
- Level of subsidy paid to contractor by the council or school. Contract prices are commercially confidential information but five authorities who shared their data show subsidies of 10p, 51p, 74p, 90p and £1.47 with primary selling prices ranging from £1.30 to £1.87 (September 2009). York currently subsidises its primary contract price by 15p, selling for £2.15.

Q2. In relation to school meals in York Secondary Schools the Task Group would like to know/have:

- **The uptake of school meals in York secondary schools**

The table below gives a breakdown of York's secondary take up for 2008/09 for all schools.

Type of provision	Range of take up
Contract (NYCC)	18% - 37%
SLA (NYCC)	25% - 38%
Own	33%

NYCC currently provides meals for 9 out of 10 York secondary schools – 5 as part of the contract, 4 through SLAs. The tenth school provides its own meals, and their high take up of 33% compares well with the LA average of 28% (2008/09), and they have the highest secondary FSM in York of 20%. The two contract schools with the highest take up have opted out of the contract from July and are negotiating SLAs to profit from this. Both enforce lunchtime lock-in policies. The lowest performing SLA school has re-tendered and awarded the contract to a private contractor from Easter.

- **An example of a weekly menu**

See Appendix 2 – NYCC menu and nutritional analysis, which applies to both contract and SLA secondary schools. A weekly menu was requested from the only secondary school to offer non-NYCC meals and will be forwarded once received.

- **What the most popular food choices are**

NYCC advise that “schools have additional recipes which they can substitute if a particular dish is not popular. Schools also record the number of portions of all dishes. Most secondary schools serve a large proportion of sandwiches, jackets or pasta pots rather than paying £2.30 for a 2 course meal. From a nutrition point of view it would be better for all pupils to have the 2 course meal but in the current financial climate spend is an issue. The nutritionally balanced menus went out to start in Sept 09. In addition a workshop was held for all secondary managers and their Assistant Cooks to improve their nutritional knowledge. The menus have been planned by a team of Secondary managers and all the recipes have been initiated and tested by various secondary schools”.

- Q3 For schools that don't use North Yorkshire Catering to provide their school meals the Task Group would like 2 examples of menus (one from a school in a deprived area and one not - they are happy for these to be anonymised)**

See Appendices 3 (Chartwells) and 4 (Dolce). Chartwells provide meals at the 3 PFI primary schools: St Barnabas and Hob Moor, who both have high levels of FSM, and St Oswald's, who have low FSM. Take up is higher than average at St Barnabas, slightly above average for Hob Moor and average at St Oswald's. Dolce provide meals at 2 schools, Haxby Road (high FSM and above average take up) and Huntington Primary (low FSM and below average take up). Nutritional standards apply to all schools irrespective of deprivation, therefore these menus are much the same as those previously supplied by NYCC (January papers).

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Comparison of York school meals take up with statistical neighbours by primary and secondary take up.

(10 closest matches from DCSF Children's Services Statistical Neighbour Benchmarking Tool & closest in Yorkshire & Humberside)

<i>Local authority</i>	<i>DCSF statistical neighbour rating</i>	Primary Take up % 2009	Primary FSM eligibility Jan 09 %	Secondary Take up % 2009	Secondary FSM eligibility Jan 09 %	Secondary Take up Ranking (high to low)
Bury	<i>Very close</i>	47.6	14.5	49.1	14.7	2
Cheshire	<i>Very close</i>	46.9	10.8	38.2	8.5	4
Warrington	<i>Very close</i>	46.9	10.8	36.2	8.0	5
Stockport	<i>Very close</i>	42.9	13.1	58.3	13.9	1
Staffordshire	<i>Very close</i>	41.3	10.7	34.6	7.9	6
Trafford	<i>Very close</i>	39.0	10.7	38.8	9.7	3
Nottinghamshire	<i>Very close</i>	38.2	12.1	26.6	11.1	11
Warwickshire	<i>Very close</i>	35.2	10.6	31.0	7.2	9
York		32.9	9.6	29.7	8.1	10
Swindon	<i>Very close</i>	25.2	12.7	31.8	14.4	8
Lancashire	<i>Very close</i>	no data submitted	13.6	30.9	11.3	7

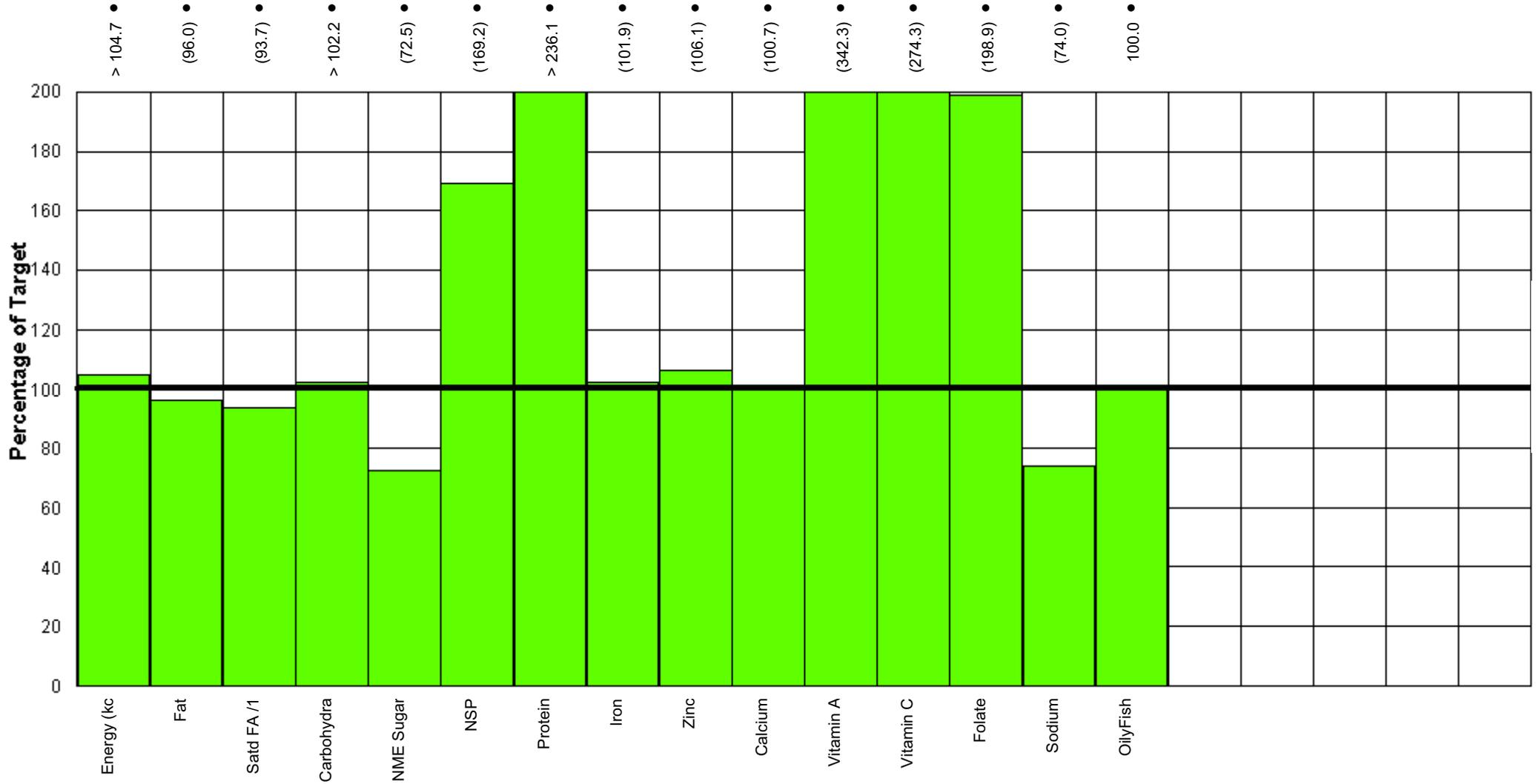
Closest statistical neighbours in Yorkshire & Humberside

Calderdale	<i>Very close</i>	50.3	15.4	44.4	12.3	1
North Yorkshire	<i>Very close</i>	42.6	8.1	41.2	6.0	2
East Riding of Yorkshire	<i>Very close</i>	33.7	8.1	25.1	6.5	4
York		32.9	9.6	29.7	8.1	3

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Nutrition Plan: Ss10 Secondary Spring 10

Nutrition Rule: Sec Lunch Secondary Lunch



Menu Cycle (5 Menus)

Nutrition Plan: Ss10wk1 Secondary Spring 10 week 1

Menu Course	Secondary Spring 10 wk1 Monday	Secondary Spring 10 wk1 Tuesday	Secondary Spring 10 wk1 Wednesday	Secondary Spring 10 wk1 Thursday	Secondary Spring 10 wk1 Friday
Hot Meal Choice	Shepherds Pie [20] Gravy T [20] Potato, Leek & Bacon Bake [20]	Chicken, Ginger and Peaches Stir Fry [30] Moroccan Lamb with Cous Cous [15]	Roast Pork & Apple Sauce [35] Gravy T [35] Beef Tagliatelle [10]	Beef Madras [20] Turkey Escalope breaded [20]	Battered Fish [25] Wholemeal Pizza Slice T [20]
Vegetarian	Veg & Bean Pasta [15]	Spinach & Sweet Potato Rosti [10]	Broccoli & Cauliflower Cheese Gratin [10]	Bean & Vegetable Bake [15]	Mushroom & Vegetable Risotto E [10]
Jacket	Jacket Potato & Fillings [5]	Jacket Potato & Fillings [5]	Jacket Potato & Fillings [5]	Jacket Potato & Fillings [5]	Jacket Potato & Fillings [5]
Vegetables	Carrots Sliced Fresh - Secondary [50] Broccoli Fresh - Secondary [50] Edamame Beans [40] Mixed Salad - Secondary [20]	Broccoli Fresh - Secondary [50] Sweetcorn - Secondary [50] Edamame Beans [40] Mixed Salad - Secondary [20]	Peas - Secondary [50] Mixed Swede & Carrot [50] Edamame Beans [40] Mixed Salad - Secondary [20]	Cauliflower Fresh - Secondary [50] Green Beans Sliced - Secondary [50] Edamame Beans [40] Mixed Salad - Secondary [20]	Mushy Peas [50] Carrots Sliced Fresh - Secondary [50] Edamame Beans [40] Mixed Salad - Secondary [20]
Carbohydrates		Noodles - Secondary [30]	Parsley Potatoes - Secondary [45]	Rice - Secondary [20] Potato Wedges Ware - Secondary [20]	Chipped Potatoes - Secondary [45]
Sandwiches	Secondary Sandwich Selection 2 [40]	Secondary Sandwich Selection 2 [40]	Secondary Sandwich Selection 2 [40]	Secondary Sandwich Selection 2 [40]	Secondary Sandwich Selection 2 [40]
Dessert	Sticky Toffee Pudding [20] Custard [20] Fresh Fruit Salad [15] Yoghurt Mixed - Secondary [25] Fresh Fruit - Secondary E [5] secondary traybakes [35]	Forest Fruit Crumble Slice [20] Custard [20] Fresh Fruit Salad [15] Yoghurt Mixed - Secondary [25] Fresh Fruit - Secondary E [5] secondary traybakes [35]	Banana & Chocolate Sponge [20] Chocolate Sauce SEC [20] Fresh Fruit Salad [5] Yoghurt Mixed - Secondary [35] Fresh Fruit - Secondary E [5] secondary traybakes [35]	Bread & Butter Pudding [20] Fresh Fruit Salad [15] Yoghurt Mixed - Secondary [25] Fresh Fruit - Secondary E [5] secondary traybakes [35]	Fruits of the Forest Fool [30] Fresh Fruit Salad [5] Yoghurt Mixed - Secondary [25] Fresh Fruit - Secondary E [5] secondary traybakes [35]

Nutrition Plan: Ss10wk1 Secondary Spring 10 week 1

Drinks	Drinks Secondary [55]				
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Menu Cycle (5 Menus)

Nutrition Plan: Ss10wk2 Secondary Spring 10 Week 2

Menu Course	Secondary Spring 10 wk2 Monday	Secondary Spring 10 wk2 Tuesday	Secondary Spring 10 wk2 Wednesday	Secondary Spring 10 wk2 Thursday	Secondary Spring 10 wk2 Friday
Hot Meal Choice	Sweet & Sour Pork [20] Chicken & Vegetable Casserole [15]	Toad in the hole [20] Gravy T [20] Minced Beef Lasagne [20]	Salmon Fish Cakes [20] Beef Chilli [15]	Roast Chicken Breast & Stuffing & Gravy [30] Pork Chow Mein [15]	Breaded Fish [25] Quiche Lorraine [10]
Vegetarian	Spinach and Potato Bake [20]	Chimichangas [15]	Macaroni Cheese [20]	Stuffed Peppers [10]	Butternut Squash & Courgette Stir Fry [20]
Jacket	Jacket Potato & Fillings [5]	Jacket Potato & Fillings [5]	Jacket Potato & Fillings [5]	Jacket Potato & Fillings [5]	Jacket Potato & Fillings [5]
Vegetables	Roasted Vegetables [100] Edamame Beans [40] Mixed Salad - Secondary [20]	Medley of Vegetables [100] Edamame Beans [40] Mixed Salad - Secondary [20]	Green Beans Sliced - Secondary [50] Carrots Sliced Fresh - Secondary [50] Edamame Beans [40] Mixed Salad - Secondary [20]	Broccoli Fresh - Secondary [50] Mashed Swede - Secondary [50] Edamame Beans [40] Mixed Salad - Secondary [20]	Peas - Secondary [50] Sweetcorn - Secondary [50] Edamame Beans [40] Mixed Salad - Secondary [20]
Carbohydrates	Rice - Secondary [20] New Potatoes - Secondary [15]	Parsley Potatoes - Secondary [35]	Potato Wedges Ware - Secondary [20] Rice - Secondary [15]	Roast Potatoes Ware - Secondary [40]	Chipped Potatoes - Secondary [35] Rice - Secondary [20]
Sandwiches	Secondary Sandwich Selection 2 [40]	Secondary Sandwich Selection 2 [40]	Secondary Sandwich Selection 2 [40]	Secondary Sandwich Selection 2 [40]	Secondary Sandwich Selection 2 [40]
Dessert	Lemon Drizzle Cake [20] Custard [20] Fresh Fruit Salad [15] Yoghurt Mixed - Secondary [25] Fresh Fruit - Secondary E [5] secondary traybakes [35]	Forest Fruits Roly Poly [20] Custard [20] Fresh Fruit Salad [15] Yoghurt Mixed - Secondary [25] Fresh Fruit - Secondary E [5] secondary traybakes [35]	Pineapple Upside Down [20] Custard [20] Fresh Fruit Salad [15] Yoghurt Mixed - Secondary [25] Fresh Fruit - Secondary E [5] secondary traybakes [35]	Cheesecake [30] Fresh Fruit Salad [5] Yoghurt Mixed - Secondary [25] Fresh Fruit - Secondary E [5] secondary traybakes [35]	Sticky Date & Apple Bars [20] Fresh Fruit Salad [15] Yoghurt Mixed - Secondary [25] Fresh Fruit - Secondary E [5] secondary traybakes [35]
Drinks	Drinks Secondary [55]	Drinks Secondary [55]	Drinks Secondary [55]	Drinks Secondary [55]	Drinks Secondary [55]

Menu Cycle (5 Menus)

Nutrition Plan: Ss10wk3 Secondary Spring 10 Week 3

Menu Course	Secondary Spring 10 wk3 Monday	Secondary Spring 10 wk3 Tuesday	Secondary Spring 10 wk3 Wednesday	Secondary Spring 10 wk3 Thursday	Secondary Spring 10 wk3 Friday
Hot Meal Choice	Spaghetti Bolognese [25] Chicken Korma & Rice [20]	Chicken Enchiladas [20] Meat & Potato Pie [20] Gravy T [20]	Roast Beef and Yorkshire Pudding [30] Gravy T [30] Fish Goujons [15]	Meatballs with Red Pepper Sauce [20] Carribean Jerked Chicken Drumsticks [20]	Battered Fish [25] Hungarian Goulash [10]
Vegetarian	Wholewheat Vegetable Pasties [10]	Mixed Bean Chillli [15]	Vegetarian Lasagne [10]	Vegetable Focaccia [15]	Roast Tomato & Basil Pasta [20]
Jacket	Jacket Potato & Fillings [5]	Jacket Potato & Fillings [5]	Jacket Potato & Fillings [5]	Jacket Potato & Fillings [5]	Jacket Potato & Fillings [5]
Vegetables	Peas - Secondary [50] Carrots Sliced Fresh - Secondary [50] Edamame Beans [40] Mixed Salad - Secondary [20]	Broccoli Fresh - Secondary [50] Mashed Swede - Secondary [50] Edamame Beans [40] Mixed Salad - Secondary [20]	Roasted Parsnips & Carrots - Secondary [100] Edamame Beans [40] Mixed Salad - Secondary [20]	Stir Fry Vegetables [100] Edamame Beans [40] Mixed Salad - Secondary [20]	Peas - Secondary [50] Carrots Sliced Fresh - Secondary [50] Edamame Beans [40] Mixed Salad - Secondary [20]
Carbohydrates	Saute Potatoes Ware [10]	Parsley Potatoes - Secondary [20] Rice - Secondary [15]	New Potatoes - Secondary [45]	Rice - Secondary [40]	Chipped Potatoes - Secondary [25] Parsley Potatoes - Secondary [10]
Sandwiches	Secondary Sandwich Selection 2 [40]	Secondary Sandwich Selection 2 [40]	Secondary Sandwich Selection 2 [40]	Secondary Sandwich Selection 2 [40]	Secondary Sandwich Selection 2 [40]
Dessert	Chocolate Berry Sponge [20] Chocolate Sauce SEC [20] Fresh Fruit Salad [5] Yoghurt Mixed - Secondary [35] Fresh Fruit - Secondary E [5] secondary traybakes [35]	Oaty Apple Crumble [20] Custard [20] Fresh Fruit Salad [15] Yoghurt Mixed - Secondary [25] Fresh Fruit - Secondary E [5] secondary traybakes [35]	Rice pudding with peaches [20] Fresh Fruit Salad [15] Yoghurt Mixed - Secondary [25] Fresh Fruit - Secondary E [5] secondary traybakes [35]	Eves Pudding [20] Custard [20] Fresh Fruit Salad [15] Yoghurt Mixed - Secondary [25] Fresh Fruit - Secondary E [5] secondary traybakes [35]	Fresh Fruit Salad & Yoghurt [30] Fresh Fruit Salad [5] Yoghurt Mixed - Secondary [25] Fresh Fruit - Secondary E [5] secondary traybakes [35]

Menu Cycle (5 Menus)

Nutrition Plan:

Ss10wk3

Secondary Spring 10 Week 3

Drinks	Drinks Secondary [55]				
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	Pasta/Rice	Around the World	Traditional Roast	Best of British	Fun Day
Main Dish	Beef Bolognaise With Pasta And Tomato Bread Wedge	Chicken Jalfrezi With Pilau Rice	Roast Pork With Roast Potatoes and Gravy	Paprika Chicken Rice and Peas	Cod Fish Finger With Chipped Potatoes
Vegetarian	Vegetable Lasagne with Tomato & Herb Wedge	Cheese and Tomato Pizza Wedges	Jacket Potato with Baked Beans	Cheese and Pepper Tart with Oven Baked Jacket Wedges	Quorn Burger with Creamed Potatoes
3rd choice	Cheese Savoury Sandwich	Tuna Jacket Potato	Egg Mayonnaise Sandwich	Tuna Sandwich	Cheese Jacket Potato
Vegetables	Fresh Broccoli Crunchy Light Coleslaw	Roasted Vegetable Medley Garden Peas	Fresh Seasonal Cabbage Fresh Carrots	Green Beans Golden Sweetcorn	Garden Peas Baked Beans
Salad Selection	Cucumber and Tomato Salad	Beetroot and Spring Onion Salad	Crunchy Light Coleslaw	Vegetable Sticks	Carrot and Sultana Salad
Desserts	Apple Flapjack With Vanilla Sauce Choc & Banana Muffin Seasonal Fruit Platter	Chocolate & Sultana Fudge Cake With Custard Fruity Yoghurt Seasonal Fruit Bowl	Ice Cream with Seasonal Fruit Fruit Delight Seasonal Fruit Bites	Milk Pudding with Sultanas Fruit Yoghurt Seasonal Fruit Platter	Crunchy Plum Crumble with Custard Chocolate Brownie Seasonal Fruit Salad
Drinks	Cool Milk Chilled Water	Cool Milk Chilled Water	Cool Milk Chilled Water	Cool Milk Chilled Water	Cool Milk Chilled Water

EAT	ST BARNABAS CE PRIMARY SCHOOL
LEARN	WEEK 1
LIVE	

	Pasta/Rice	Around the World	Traditional Roast	Best of British	Fun Day
Main Dish	Lamb or Beef Jollof Rice	Lasagne With Garlic & Herb Bread Wedge	Roast Chicken and Sagey Stuffing With Roast Potatoes and Gravy	Fishermans Pie	Premium Burger in a Bun with With Chipped Potatoes
Vegetarian	Neapolitan Beany Pasta with Garlic Bread	West African Egg Patties	Quorn sausage & pasta Bake	Vegebangers With Creamed Potatoes and Onion Gravy	Pizza Party
3rd choice	Tuna Sandwich	Cheesy Jacket Potato	Cheese & Broccoli Quiche	Ham Sandwich	Jacket Potato & Baked Beans
Vegetables	Green Beans Fresh Carrots	Cauliflower Florets Garden Peas	Fresh Parsnips Fresh Carrots	Fresh Broccoli Fresh Seasonal Cabbage	Garden Peas Baked Beans
Salad	Mixed Salad	Carrot and Sultana Salad	Mixed salad	Fresh Vegetable Sticks	Chopped Cucumber and Tomato Salad
Desserts	Fruit Pie with Custard Wholemeal orange Triangle Seasonal Fruit Platter	Fruit in Jelly Ice Cream with Fruit Seasonal Fruit Bowl	Oaty Fruit Crumble with Custard Fruity Yoghurt Seasonal Fruit Bites	Chocolate Fruit Crispies with Vanilla Sauce Pineapple Upside Down Pudding Seasonal Fruit Platter	Eves Apple Pudding with Custard Fruity Yoghurt Seasonal Fruit Salad
Drinks	Cool Milk Chilled Water	Cool Milk Chilled Water	Cool Milk Chilled Water	Cool Milk Chilled Water	Cool Milk Chilled Water

EAT	ST BARNABAS CE PRIMARY SCHOOL
LEARN	WEEK 2
LIVE	

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Meal Price 2.00
Bread and Fresh Fruit is
always available.

PIZZA N' PASTA



BEST OF BRITISH



WEDNESDAY ROAST



AROUND THE WORLD



FISHY FRIDAYS



Week 1

weeks starting:
4 Jan | 25 Jan | 22 Feb | 15 Mar

- Saucy Sausage Pasta
- Jacket Potato & Baked Beans
- Beef Chow Mein
- Jacket Potato Half
- Sweetcorn, Green Beans
- Rice Pudding & Jam
- Chocolate Catherine Wheels
- Fresh Fruit

- Cottage Pie
- Turkey Hot Pot
- Cheese & Potato Pasty
- Creamed Potatoes
- Carrot, Peas
- Apple Crumble & Custard
- Cheese & Biscuits
- Fresh Fruit

- Roast Chicken & Gravy
- Vegetarian Sausage & Gravy
- Vegetable Curry with Rice
- Roast Potatoes
- Rice, Cauliflower, Curly Kale
- Peach Melba Sponge & Custard
- Chocolate Orange Delight
- Fresh Fruit

- Spaghetti Bolognese
- Spanish Quiche
- Chicken and Tomato Casserole
- Boiled New Potatoes
- Broccoli, Carrots
- Milk & Biscuits
- Jelly
- Fresh Fruit

- Fish Fingers
- Vegetable Chop Suey
- Pork and Tomato Casserole
- Chipped Potatoes or Pasta
- Baked Beans, Peas
- Muffin (pineapple)
- Ice Cream Yoghurt
- Fresh Fruit

Week 2

weeks starting:
11 Jan | 1 Feb | 1 March | 22 Mar

- Pizza Margherita
- Chicken Casserole
- Tomato & Bean Stew
- Boiled New Potatoes
- Green Beans, Sweetcorn
- Apple and Raisin Sponge & Custard
- Arctic Roll
- Fresh Fruit

- Minced Lamb with Yorkshire Pudding
- Sausage Rolls
- Ploughman's Lunch & Bread Roll
- Creamed Potatoes, Peas
- Carrots, Home Made Gravy
- Pear and Chocolate Sponge & Custard
- Ice Cream Yoghurt
- Fresh Fruit

- Roast Pork & Gravy
- Pasta Neapolitan
- Potato and Leek Bake
- Roast Potatoes or Pasta
- Broccoli, Cauliflower
- Semolina & Jam
- Cinnamon & Sultana Bun
- Fresh Fruit

- Burger in a Seeded Bun
- Minced Beef Chilli Con Carne
- Vegetable Burger in a Breadbun
- Boiled New Potatoes
- Grated Raw Carrot, Green Salad
- Peach Crumble & Custard
- Oat Cookies
- Fresh Fruit

- Fish Fingers
- Turkey Curry
- Cheese & Tomato Quiche
- Chipped Potatoes or Rice
- Baked Beans, Peas
- Shortbread (chocolate)
- Ice Cream Yoghurt
- Fresh Fruit

Week 3

weeks starting:
18 Jan | 8 Feb | 8 Mar | 29 Mar

- Roly Poly Pizza
- Macaroni Cheese
- Lamb & Potato Pasty
- Jacket Potato Half
- Sweetcorn, Peas, Gravy
- Pineapple Upside Down Cake
- Angel Whip
- Fresh Fruit

- Baked Sausages & Gravy
- Gardener's Pie
- Mince with Scone Topping
- Creamed Potatoes
- Carrots, Broccoli, Gravy
- Apple Pie & Custard
- Jelly and Ice Cream
- Fresh Fruit

- Roast Chicken & Gravy
- Salmon Salad
- Cheese filled Jacket Potato
- Roast Potatoes or Rice
- Curly Kale, Swede, Mixed Salad
- Rice Pudding & Raisins
- Crispy Biscuits
- Fresh Fruit

- Minced Beef Lasagne
- Cheese Catherine Wheels
- Fish & Sweet Potato Pie
- Garlic Bread or Boiled New Potatoes
- Mixed Salad
- Chocolate Fudge Pudding
- Muffin (pear)
- Fresh Fruit

- Fish Fingers
- Chicken & BBQ Sauce
- Mushroom Puff Pastry
- Chipped Potatoes or Pasta
- Baked Beans, Peas
- Lemon Drizzle Sponge
- Chocolate Crispie
- Fresh Fruit

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List of Documentation Received to Date

Annex C

Document Name	Date	Provider	Notes
PowerPoint Presentation	02.12.2009	Health Improvement Manager (obesity) at NHS North Yorkshire and York, Associate Director of Public Health and Locality Director for York, The Children's Trust Unit Manager and colleagues from CYC and York Hospital	Background information, childhood obesity statistics, Children's Trust Units, tackling obesity through Partnerships, Healthy Weight, Active Lives Sub-Group, local data from the National Child Measurement Programme (NCMP)
North Yorkshire & York Healthy Weight, active Lives Strategy 2009-2010	02.12.2009	Health Improvement Manager (Obesity) – NHS North Yorkshire & York	A copy of this was available for Members to view at the meeting on 02.12.2009. The Scrutiny Officer has a copy if required.
Childhood Obesity	02.12.2009	Centre for Public Scrutiny Publication	Library Monitor – Childhood Obesity
The Children & Young People's Plan 2009-2012	02.12.2009	Children's Trust Unit Manager	Children & Young People's Plan for the City of York
Leaflet	02.12.2009	NHS Publication	Top Tips for Top Kids – Leaflet about eating well, moving more and living longer
Letter	02.12.2009	NHS North Yorkshire & York	Example letter sent to parents on the National Child Measurement Programme
Letter	02.12.2009	Children's Trust Unit Manager	Letter received from family who had attended the MEND programme
E-mail	07.12.2009	School Travel Plan Co-ordinator	E-mail sent to Cllr Sue Galloway regarding School Travel Plans
Jorvick School Sports Partnerships Data	18.12.2009	Health Improvement Manager (Obesity) – NHS North Yorkshire & York	Jorvick & Oaklands Sports Clusters
Healthy Weight; Healthy Lives	18.12.2009	Health Improvement Manager	Consumer Insight Survey

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Annex C

Document Name	Date	Provider	Notes
		(Obesity) – NHS North Yorkshire & York	
Foresight Report	18.12.2009	Health Improvement Manager (Obesity) – NHS North Yorkshire & York	Tackling Obesities: Future Choices Project Report
Ebor School Sports Partnership	20.01.2010	Health Improvement Manager (Obesity) – NHS North Yorkshire & York	Explanation of School Clusters
Healthy Weight Active Lives	27.01.2010	PE & School Sport Consultant	Information re: MEND, Food Labelling & Composition Awareness Training, Get Active & Altogether Better
York PESSYP 2008/09	27.01.2010	PE & School Sport Consultant	Trends of the city with relation to a variety of school sport indicators
Good News	27.01.2010	PE & School Sport Consultant	2010-2011 Physical Activity Campaign Information
Adult Participation in Physical Activity	27.01.2010	PE & School Sport Consultant	Background Report for the Task Group
Addressing Childhood Obesity	27.01.2010	PE & School Sport Consultant	PowerPoint Presentation
Letter to Scrutiny Officer & Task Group	27.01.2010	PE & School Sport Consultant	Information on the impact that initiatives such as PE provision, Healthy Eating, 5 a day have had on childhood obesity
Swimming Information	27.01.2010	PE & School Sport Consultant	Data on swimming uptake (under 16s)
City of York School Meals Arrangements	27.01.2010	Contracts Office & Assistant Director of Resources (LCCS)	School meal contract arrangements for schools in York
Briefing Note	27.01.2010	Contracts Officer & Assistant Director of Resources (LCCS)	Statistics on school meal uptake annually since 2003 & corresponding prices. Typical menu and nutritional content of such school meals annually since 2003

List of Documentation Received to Date

Annex C

Document Name	Date	Provider	Notes
School Food Trust Information	27.01.2010	Contracts Officer & Assistant Director of Resources (LCCS)	Food based-standards information
Nutrition Plans/Charts	27.01.2010	Contracts Officer & Assistant Director of Resources (LCCS)	Nutrition Chart/Plan for secondary & primary schools– North Yorkshire County Caterers
Menu Choices	27.01.2010	Contracts Officer & Assistant Director of Resources (LCCS)	Menu cycles with costs (secondary & primary)
E-Mail	08.02.2010	Health Improvement Manager (Obesity) – NHS North Yorkshire & York	Synthetic Data on adult obesity
E-Mail	19.02.2010	Contracts Officer & Assistant Director of Resources (LCCS)	Clarifications arising from the Task Group meeting on 27.01.2010 in relation to school meals
Briefing Paper	01.03.2010	Early Years Childcare Manager	How day nurseries contribute to healthy for & exercise
PowerPoint Presentation	01.03.2010	School Travel Plan Co-ordinator	School Travel Plans
PowerPoint Presentation	01.03.2010	Head Of Young People's Service, Access And Inclusion, Learning Culture & Children's Services	Young People's Services & Obesity – external factors that may contribute to childhood obesity
Secondary School A Curriculum Example	09.03.2010	PE & School Sport Consultant	Received via e-mail
Secondary School A Extra Curricular Example	09.03.2010	PE & School Sport Consultant	Received via e-mail
Secondary School B Extra Curricular Example	09.03.2010	PE & School Sport Consultant	Received via e-mail
Secondary School B Curriculum Example	09.03.2010	PE & School Sport Consultant	Received via e-mail

List of Documentation Received to Date**Annex C**

Document Name	Date	Provider	Notes
Secondary School C Extra Curricular Example	09.03.2010	PE & School Sport Consultant	Received via e-mail
Secondary School C PE Curriculum	09.03.2010	PE & School Sport Consultant	Received via e-mail
5 Hour Offer in York	09.03.2010	PE & School Sport Consultant	Received via e-mail
Key Stage 1 & 2 Physical Development	09.03.2010	PE & School Sport Consultant	Received via e-mail
Key Stage 3 PE Curriculum	09.03.2010	PE & School Sport Consultant	Received via e-mail
Key Stage 4 PE Curriculum	09.03.2010	PE & School Sport Consultant	Received via e-mail
Healthy Schools Initiative	19.04.2010	Healthy Schools and Risky Behaviour Consultant	Information on the Healthy Schools Programme
Briefing Note & Associated Annexes	19.04.2010	Contracts Manger for School Meals	Further Information requested by the Task Group

Members of the Task Group:

Councillor Susan Galloway
Councillor Tracey Simpson-Laing
Councillor Siân Wiseman